

VIA Global Nutrition and Health – overview, September 2016

	Autumn		Spring	
Year 1	1. Food, Nutrition and Health in a Global Perspective (30 ECTS)		2. Health Promotion and Applied Research Methods in Global Health (30 ECTS)	
	<ul style="list-style-type: none"> • Concepts of food, nutrition, and health: 1.0 ECTS • Sociology of Food and Health: 3.0 ECTS • Non-communicative and Nutrition-related Diseases and The Global Burden of Diseases: 4.0 ECTS • Basic Nutrition and Dietary Recommendations and Guidelines: 7.0 ECTS • Physiology and Biochemistry: 9.0 ECTS • Intercultural Communication: 4.0 ECTS • Study technique: 2.0 ECTS 		<ul style="list-style-type: none"> • Educational Theory and Practice: 5.0 ECTS • Health Psychology: 5.0 ECTS • Health Communication: 5.0 ECTS • Anthropology and Sociology: 2.0 ECTS • Basic Statistics: 3.0 ECTS • Epidemiology: 3.0 ECTS • Qualitative Methods: 3.0 ECTS • Dietary Assessments and Anthropometric Measurements: 4.0 ECTS 	
Year 2	3. Sustainable Living and Inequality in Health (30 ECTS)		4. Interventions in a Lifecycle Perspective (30 ECTS)	
	<ul style="list-style-type: none"> • Food Security and Production: 8.0 ECTS • Food Safety and Hygiene: 3.0 ECTS • Political Science: 5.0 ECTS • Sociology: 4.0 ECTS 	Electives (10 ECTS)	<ul style="list-style-type: none"> • Dietary Counselling: 6.0 ECTS • Lifespan Nutrition: 4.5 ECTS • Physical Activity: 4.5 ECTS 	Internship (15 ECTS)
Year 3	5. Project Management, Intervention and Innovation in a Global Health Perspective (30 ECTS)		6. Global Nutrition and Public Health Promotion (30 ECTS)	
	<ul style="list-style-type: none"> • Project Management, Interventions, Innovation, and Entrepreneurship: 6.5 ECTS • Health Economy: 4.0 ECTS • Documentation and Evaluation: 2.5 ECTS • Philosophy of Science: 4.0 ECTS • Research Methods: 3.0 ECTS • Nutrition – Contemporary Issues: 5,0 ECTS • Ethics: 2.0 ECTS • Smoking Cessation: 3.0 ECTS 		Internship (12 ECTS) Pre Bachelor Assignment (3.0 ECTS)	<ul style="list-style-type: none"> • Philosophy of Intervention: 3.0 ECTS • Public Health and Health Promotion: 5.0 ECTS • Public Health Nutrition and Health Policy Implementation: 7.0 ECTS
Year 4	7. Electives and BA-assignment (30 ECTS)			
	<ul style="list-style-type: none"> • Electives (10 ECTS) 	<ul style="list-style-type: none"> • Bachelor assignment (20 ECTS - 3 ECTS internship) 		